THIRTY-SECOND ANNUAL EMMAUS
4 MILE ROAD RACE
LEHIGH VALLEY ROAD RUNNERS CLUB
EMMAUS, PA APRIL 5, 2009 9:30 A.M.

Place	Name	Age	S	Time	Pace
1	NICK BIROSIK	25	M	21:08	5:17
2	MARK JOBES	39	M	21:43	5:26
3	KATHLEEN JOBES	39	F	21:59	5:30
4	MATT LUSARDI	20	M	22:40	5:40
5	R REINHARD	32	M	22:48	5:42
6	BRIAN LOVETT	34	M	22:57	5:45
7	Dean Dimmig	46	M	23:18	5:50
8	STEVE DODSON	47	M	23:20	5:50
9	JASON JAMES	47	M	23:43	5:56
10	BILL FITZMAURICE	43	M	24:23	6:06
11	Lee Stanford	43	M	24:39	6:10
12	MARK WILL-WEBER	54	M	24:46	6:12
13	ROBERT DALLAS	42	M	24:58	6:15
14	Tyler Malay	16	M	25:00	6:15
15	Aaron Lichtenwalter	16	M	25:05	6:17
16	Amy Bower	26	F	25:08	6:17
17	Chrsitopher Hain	35	M	25:13	6:19
18	Joseph Yutko	24	M	25:21	6:21
19	JEFF RIEGEL	39	M	25:22	6:21
20	DAN NEITZ	55	M	25:27	6:22
21	Jamie Supeck	32	M	25:32	6:23
22	Jeffrey Guzzo	45	M	25:37	6:25
23	Timothy Guscott	42	M	25:40	6:25
24	Matt Cullin	24	M	25:44	6:26
25	STEVE WERLEY	49	M	25:47	6:27
26	COREY DIETRICH	30	M	25:48	6:27
27	brian mulligan	42	M	25:51	6:28
28	DeForrest Deily	48	M	26:08	6:32
29	DAVID CAMPBELL	24	M	26:16	6:34
30	Scott Rowlands	43	M	26:17	6:35
31	JASON C HINKLE	34	M	26:26	6:37
32	STEVE PALENCAR	45	M	26:29	6:38
33	ZACHARY MOYER	22	M	26:34	6:39
34	Timothy Moeller	42	M	26:34	6:39
35	KATHY WEST	34	F	26:40	6:40
36	Dana Clymer	27	F	26:48	6:42
37	Ethan Nourse	18	M	26:55	6:44
38	Katie Brown	26	F	26:57	6:45
39	Michael Messerschmi	42	M	27:00	6:45
40	Mike Grablick	46	M	27:28	6:52
41	Bob Dietrich	56	M	27:34	6:54
42	JOHN KACHURICK	35	M	27:39	6:55
43	Diane Stanus	52	F	27:40	6:55
44	Mark Reiser	37	M	27:41	6:56
45	phil rios	8	M	27:41	6:56
46	Howard Smith	33	M	27:43	6:56
47	Joe Murach	50	M	27:43	6:56
48	DEREK YOCUM	29	M	27:44	6:56
49	Wayne Ogorzalek	36	M	27:45	6:57
50	Patrick McGinley	38	M	27:48	6:57
Place	Name	Age	S	Time	Pace
51	NINA DELONG	36	F	27:53	6:59
52	David Dougherty	35	M	28:00	7:00
53	Eric Kuntz	35	M	28:07	7:02

54	MATT RITZ	48	M	28:09	7:03
55	Howard Renner	40	M	28:10	7:03
56	BENGT IVARRSSON	53	M	28:12	7:03
57	GREGG AMBRUSO	44	M	28:15	7:04
58	SARAH LORGE-BUTLER	35	F	28:17	7:05
59	MIKE ROMANIC	53	M	28:18	7:05
60	Michael Ott	35	M	28:18	7:05
61	Tracy Brown	26	F	28:19	7:05
62	Eileen Maguire	50	F	28:19	7:05
63	Andrew Fleming	14	M	28:20	7:05
64	Sean McCracken	24	M	28:23	7:06
65	Todd Farnand	37	M	28:23	7:06
66	TOM EGOLF	47	M	28:30	7:08
67	Julie Antidormi	36	F	28:34	7:09
68	EDMUND OGUTY	54	M	28:35	7:09
69	Joel MacMurray	40	M	28:35	7:09
70	MAX GANS	46	M	28:36	7:09
71	ARIEL ALICEA	46	M	28:38	7:10
72	Geoff Brunner	40	M	28:40	7:10
73	Brian Sullivan	54	M	28:43	7:11
74	John Key	56	M	28:44	7:11
75	Todd Melnick	38	M	28:46	7:12
76	Teara Campbell	29	F	28:48	7:12
77	david holmes	52	M	28:55	7:14
78	Samuel Royer	33	M	28:58	7:15
79	Janice Link	42	F	29:00	7:15
80	DAVE McSHERRY	54	M	29:03	7:16
81	JASON McELWEE	31	M	29:05	7:17
82	Jennifer Lacroix	35	F	29:08	7:17
83	BRIAN SERFASS	30	M	29:09	7:18
84	Allan Wolfe	43	M	29:11	7:18
85	Amy Riegel	41	F	29:12	7:18
86	BRAD TRUMP	53	M	29:17	7:20
87	Adam Castro	33	M	29:18	7:20
88	Joe Ondek	45	M	29:19	7:20
89	Justin Meyers	29	M	29:22	7:21
90	Matt Engel	36	M	29:28	7:22
91	Jeanette Pfeil Himp	26	F	29:31	7:23
92	Jim McCullough	55	M	29:32	7:23
93	RUSSELL HEWERTSON	44	M	29:33	7:24
94	Bethany Febbo	37	F	29:34	7:24
95	Jim Gardner	45	M	29:37	7:25
96	Michael Lacerdas	29	M	29:41	7:26
97	Alexander Halperin	22	M	29:42	7:26
98	JOSH HOY	23	M	29:53	7:29
99	JILL WHEELER	37	F	30:00	7:30
100	Jocelyn Bellew	31	F	30:04	7:31

Place	Name	Age	S	Time	Pace
101	Jim Humphrey	42	M	30:08	7:32
102	Jessica Miller	25	F	30:10	7:33
103	Jim Fleming	16	M	30:12	7:33
104	Andy Scappaticci	7	M	30:16	7:34
105	eric rutt	43	M	30:16	7:34
106	Jonathan Acklen	29	M	30:17	7:35
107	Lauren Dugan	29	F	30:19	7:35
108	John Norton	42	M	30:19	7:35
109	Michael Walton	28	M	30:20	7:35
110	Thomas Neuffer	35	M	30:24	7:36
111	VIVIAN RAMIREZ	51	F	30:26	7:37
112	NATALIE BEDIO	23	F	30:36	7:39
113	Thomas Bailey	46	M	30:39	7:40
114	Donna Ornosky	47	F	30:40	7:40

115	William Zuk	39	M	30:43	7:41
116	Louis Juran	58	M	30:57	7:45
117	Natalie Newman	26	F	31:04	7:46
118	David Bennett	39	M	31:05	7:47
119	INGRID GERBER	41	F	31:07	7:47
120	Ryan Foley	32	M	31:11	7:48
121	Lorraine Snyder	39	F	31:20	7:50
122	FRANK FORD	56	M	31:22	7:51
123	LORI EAST	35	F	31:25	7:52
124	Elizabeth Yasso	23	F	31:29	7:53
125	Amanda Thoet	15	F	31:33	7:54
126	CORINNA HEFFELFINGE	44	F	31:34	7:54
127	TERRY BRUNS	43	F	31:36	7:54
128	Bruce Thoet	45	M	31:37	7:55
129	MIKE FREER	56	M	31:38	7:55
130	GAVIN BETZ	44	M	31:38	7:55
131	Robert Lazansky	55	M	31:40	7:55
132	DOUG LAUBE	48	M	31:44	7:56
133	DEBORAH GOLBRESKI	38	F	31:45	7:57
134	PHILIP GUZA	43	M	31:46	7:57
135	MICHAEL KORDWITZ	55	M	31:51	7:58
136	Kyle Sherry	38	M	31:54	7:59
137	Laurel Hess	52	F	31:58	8:00
138	Robert Malay	45	M	31:59	8:00
139	Mark Wiragh	43	M	32:05	8:02
140	sammy joyce	13	F	32:06	8:02
141	michael joy joyce	36	M	32:10	8:03
142	Charise Jones	33	F	32:11	8:03
143	Kristin Yudt	31	F	32:17	8:05
144	Susan Royster	30	F	32:18	8:05
145	JEANINE WATERSTRADT	29	F	32:21	8:06
146	Matthew Chernaskey	19	M	32:21	8:06
147	Aziz Atiyeh	40	M	32:24	8:06
148	Andy THOM	43	M	32:25	8:07
149	DEB BUSCH	38	F	32:26	8:07
150	Sarah Stauffer	28	F	32:26	8:07

Place	Name	Age	S	Time	Pace
151	JAKE COLE	47	M	32:27	8:07
152	Brook Sawyer	34	F	32:28	8:07
153	Daniel Paulus	57	M	32:28	8:07
154	cari baumgartner	85	F	32:34	8:09
155	Janette Adams	21	F	32:35	8:09
156	Joseph Hlatky	35	M	32:40	8:10
157	Caterina Atiyeh	14	F	32:40	8:10
158	Alice Stinebaugh	46	F	32:42	8:11
159	Silke Oldigs-Selk	40	F	32:49	8:13
160	David Kozma	49	M	32:50	8:13
161	Philip Monteleone	50	M	32:51	8:13
162	Bob Dainauski	44	M	32:52	8:13
163	Jay Boyle	50	M	32:54	8:14
164	Jim Diehl	49	M	32:58	8:15
165	SALVATORE RUFFINO	28	M	32:59	8:15
166	Jennifer Kozlowski	26	F	33:09	8:18
167	RICH MacDONALD	45	M	33:10	8:18
168	AMY KEICH	34	F	33:11	8:18
169	Angela Patel	37	F	33:12	8:18
170	John Shucavage	42	M	33:13	8:19
171	LAUREN FETTERMAN	27	F	33:15	8:19
172	Kelly Wilder	28	F	33:17	8:20
173	Rosanne Kocher	54	F	33:20	8:20
174	Roger Barlow	51	M	33:23	8:21
175	Alison Benedetto	30	F	33:24	8:21

176	CARLI MARKS	11	F	33:25	8:22
177	Eric Stevens	37	M	33:28	8:22
178	Michelle Hanna	34	F	33:29	8:23
179	Lori Lichtenwalter	38	F	33:31	8:23
180	Alison Hudak	51	F	33:32	8:23
181	David Rodgers	62	M	33:33	8:24
182	William Foley	40	M	33:33	8:24
183	Anthony Abdalla	33	M	33:41	8:26
184	SOFIA HOWARD	49	F	33:50	8:28
185	Robert Nourse	48	M	33:54	8:29
186	Douglas Williams	41	M	33:54	8:29
187	Lisa Heller	38	F	34:00	8:30
188	Alison Granell	24	F	34:01	8:31
189	Andrea Ballas	27	F	34:03	8:31
190	Kate Galinus	51	F	34:09	8:33
191	Sarah Hewertson	45	F	34:12	8:33
192	IRINA ROSARIO-FLYNN	33	F	34:18	8:35
193	Cynthia Sieto	7	F	34:21	8:36
194	Greg Gukta	7	M	34:21	8:36
195	Jay Kach	45	M	34:26	8:37
196	Sean Fenoff	9	M	34:26	8:37
197	Terry FENOFF	58	M	34:31	8:38
198	Pam Reinhart	54	F	34:36	8:39
199	Mark Royster	31	M	34:37	8:40
200	Carrie McAndrew	35	F	34:44	8:41
Place	Name	Age	S	Time	Pace
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201	JESSICA MOYER	30	F	34:47	8:42
202	Sarah Hedglin	29	F	34:51	8:43
203	Janet Billett	53	F	34:53	8:44
204	Krista Johnes	26	F	34:56	8:44
205	COLIN DITCH	32	M	34:57	8:45
206	John Dalmas	49	M	34:58	8:45
207	Lauren Rossi	21	F	34:59	8:45
208	Beth Moxey Eck	7	F	35:02	8:46
209	Paul Pierpoint	55	M	35:06	8:47
210	WILL MacDONALD	15	M	35:07	8:47
211	Keri Williams	20	F	35:11	8:48
212	LISA deQUEVEDO	42	F	35:14	8:49
213	Alan Musselman	47	M	35:14	8:49
214	Jenny Kuntz	30	F	35:15	8:49
215	Vincent Viola	8	M	35:16	8:49
216	Dave West	31	M	35:18	8:50
217	Jill MILLER	46	F	35:20	8:50
218	Dot Ouellette	50	F	35:22	8:51
219	Elisabeth Larson	44	F	35:23	8:51
220	Nick Carbonaro	10	M	35:26	8:52
221	ron petrovich	48	M	35:34	8:54
222	Jim Freeman	44	M	35:35	8:54
223	James Fleming Jr.	57	M	35:36	8:54
224	Tara Weaver	36	F	35:41	8:56
225	Jennifer Phillips	6	F	35:42	8:56
226	Michael Rocchi	27	M	35:44	8:56
227	milton smith	59	M	35:45	8:57
228	David Trent	38	M	35:46	8:57
229	Kelly Rocchi	27	F	35:56	8:59
230	SUZANNE OTT	30	F	35:58	9:00
231	STEPHEN OTT	30	M	35:59	9:00
232	John Knoebel	52	M	36:00	9:00
233	JOHN SLUSHER	44	M	36:02	9:01
234	melissa santorelli	38	F	36:03	9:01
235	William Hess	52	M	36:04	9:01
236	Karla Koehl	38	F	36:06	9:02

237	Kathy Walbert	60	F	36:08	9:02
238	Chris Kerkusz	7	M	36:11	9:03
239	MONET THORNE	28	F	36:13	9:04
240	Laurie Campbell	46	F	36:15	9:04
241	Jennifer Burkholder	29	F	36:15	9:04
242	BRIAN HERTNER	37	M	36:15	9:04
243	Frank Victor	56	M	36:16	9:04
244	Jenna Jebitsch	32	F	36:18	9:05
245	Tom Negrete	51	M	36:19	9:05
246	Yvonne Galea	36	F	36:20	9:05
247	Ronald Turner	62	M	36:22	9:06
248	Maureen Porter	48	F	36:23	9:06
249	SHERRI YORSKI	39	F	36:26	9:07
250	Meredith Frantz	34	F	36:30	9:08

Place	Name	Age	S	Time	Pace
251	Pam Sullivan	36	F	36:37	9:10
252	Gina Leininger	36	F	36:41	9:11
253	Lisa Evancho	37	F	36:41	9:11
254	Ellie Ostrander	42	F	36:42	9:11
255	Mary Ann Balascki	62	F	36:43	9:11
256	Allison Wehr	33	F	36:44	9:11
257	Bob Robertson	58	M	36:45	9:12
258	Timothy Fox	26	M	36:45	9:12
259	Candin Streit	25	F	36:46	9:12
260	Donna Leon	48	F	36:47	9:12
261	Kristy Kern	17	F	36:50	9:13
262	Dana Donatelli	46	F	36:50	9:13
263	Sharon Casciole	85	F	36:51	9:13
264	JENNY BETZ	31	F	36:52	9:13
265	Victoria Picone	25	F	36:53	9:14
266	Gwenn Noel	38	F	36:54	9:14
267	MOLLY SEBASTIAN	64	F	37:01	9:16
268	Mike Browne	48	M	37:04	9:16
269	Judy Kern	42	F	37:05	9:17
270	Sue Williams	39	F	37:23	9:21
271	Stefanie Beese	41	F	37:24	9:21
272	Beate Wilsterman	42	F	37:26	9:22
273	MADISON RITZ	14	F	37:27	9:22
274	Tanya Scisly	30	F	37:27	9:22
275	Felicia Parish	6	F	37:32	9:23
276	Dwaine Schultz	34	M	37:34	9:24
277	Jamie Nardiello	23	F	37:37	9:25
278	Joan Snyder	55	F	37:43	9:26
279	Jim Apgar	51	M	37:44	9:26
280	Will Mest	53	M	37:45	9:27
281	Sunil Patel	37	M	37:48	9:27
282	Phil Rinnander	38	M	37:49	9:28
283	DONNA FRANTZ	34	F	37:50	9:28
284	Kate James	27	F	37:51	9:28
285	Susan Deibert	39	F	37:53	9:29
286	GREG GRAMMES	50	M	37:55	9:29
287	Jessica Diehl	25	F	37:55	9:29
288	Molly Watson	34	F	38:01	9:31
289	VINCE SHERRY	49	M	38:02	9:31
290	GREGORY TICHENOR	45	M	38:05	9:32
291	Stephanie Horne	29	F	38:06	9:32
292	Debra Noble	28	F	38:07	9:32
293	Jim Herrity	62	M	38:09	9:33
294	Martha Spatig	31	F	38:15	9:34
295	Jamie Zeferes	29	F	38:16	9:34
296	Jamie Laslo	29	F	38:17	9:35
297	MAUREEN McTAGUE	56	F	38:17	9:35

298	kathy Heffelfinger	34	F	38:18	9:35
299	Karen Rodgers	40	F	38:25	9:37
300	Caroline Muraro	43	F	38:30	9:38

Place	Name	Age	S	Time	Pace
301	Caroline Bennett	42	F	38:31	9:38
302	Stacey Olewine	35	F	38:41	9:41
303	Amanda Riggle	25	F	38:41	9:41
304	WAYNE STEPHENS	33	M	38:43	9:41
305	LINDA BOLLINGER	48	F	38:54	9:44
306	Rianne Wolfe	41	F	38:56	9:44
307	Angela Lutzi	38	F	39:02	9:46
308	Patricia Will	37	F	39:12	9:48
309	Christina Roberts	31	F	39:14	9:49
310	GRETCHEN WEISS	30	F	39:15	9:49
311	MISSY COYLE	36	F	39:16	9:49
312	ROXANNE KYLISH	40	F	39:16	9:49
313	Tracy Weighknecht	32	F	39:16	9:49
314	Liz Kovalchik	28	F	39:24	9:51
315	LISA GREEN	46	F	39:25	9:52
316	matt heater	41	M	39:29	9:53
317	BURKE SWAN	76	M	39:30	9:53
318	Kristen Hyde	29	F	39:36	9:54
319	Colleen Hall	41	F	39:46	9:57
320	KRIS WENTZ	44	F	40:05	10:02
321	Jean Henshaw	49	F	40:18	10:05
322	LaVerne Zuk	40	F	40:19	10:05
323	Jessica Bailey	14	F	40:19	10:05
324	Pam Keeley	46	F	40:22	10:06
325	KELLY GUZA	34	F	40:34	10:09
326	Jen Bednar	32	F	40:37	10:10
327	Amanda Amidon	32	F	40:37	10:10
328	Carolyn Guerriero	6	F	40:39	10:10
329	Raymond Benedetto	31	M	40:43	10:11
330	Caleb Hobbie	32	M	40:50	10:13
331	Todd Lakey	38	M	40:55	10:14
332	Lisa Viola	8	F	40:55	10:14
333	LISA EVANS	35	F	40:57	10:15
334	Jennifer Morris	26	F	40:59	10:15
335	Fonda Pry	57	F	40:59	10:15
336	Janice Catona	60	F	41:07	10:17
337	Laurie Wax	36	F	41:18	10:20
338	Robert Wax	36	M	41:19	10:20
339	Ron Call	45	M	41:23	10:21
340	Sara Furlong	22	F	41:26	10:22
341	Michelle Rebholz	25	F	41:29	10:23
342	Dante Fazio	10	M	41:32	10:23
343	Patricia Tonay	38	F	41:36	10:24
344	Brian Strauser	34	M	41:52	10:28
345	Steven Pratt	50	M	42:05	10:32
346	Robin Monteleone	47	F	42:06	10:32
347	Keri Hausman	21	F	42:08	10:32
348	Elizabeth Kerkusz	7	F	42:15	10:34
349	Wendy Hines	32	F	42:33	10:39
350	Teresa Hines	34	F	42:34	10:39

Place	Name	Age	S	Time	Pace
351	Barbara Holmes	38	F	42:40	10:40
352	Deborah Carbonaro	41	F	42:41	10:41
353	Patty Cox	47	F	42:43	10:41
354	Claire Lonergan	32	F	43:13	10:49
355	Don Catona	58	M	43:45	10:57
356	SUE MARGESON	63	F	43:48	10:57

357	Susan Pfeil	61	F	43:58	11:00
358	Lisa LaCaruba	45	F	44:16	11:04
359	Christine Dixon	25	F	44:17	11:05
360	Diane MAZUREK	57	F	44:21	11:06
361	Beth Dalmas	50	F	44:23	11:06
362	Jessica Bowman	33	F	44:26	11:07
363	Nancy Teichman	50	F	44:30	11:08
364	Pam Lott	49	F	44:30	11:08
365	Jane Fritchman	48	F	44:50	11:13
366	James Fritchman	48	M	44:51	11:13
367	nicole muschett	35	F	45:01	11:16
368	LORRAINE GILLY	63	F	45:06	11:17
369	GENE LUND	63	M	45:13	11:19
370	Theresa Muth	27	F	48:48	12:12
371	Christina Mondschei	28	F	50:03	12:31
372	Madeline De Grace	52	F	50:52	12:43
373	Rebecca Kelly	33	F	51:33	12:54
374	Rebecca Neitz	41	F	51:34	12:54
375	Nadine Clark	35	F	51:41	12:56
376	LEE ANN HILT	68	F	51:42	12:56
377	victoria lathrop	38	F	53:41	13:26
378	Kate Lynn	46	F	53:42	13:26

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