



2018 Kids Running Series

Age	Distance
3-4	1/8 mile
5-6	1/4 mile
7-8	1/2 mile
9-10	1 mile
11-12	1 1/2 mile
13-14	2 miles

Age as of May 26, 2018

WHO: Children ages 3-14

WHERE: LVRR Clubhouse
Little Lehigh Parkway, Allentown, PA

WHEN: Saturdays, May 26, June 16, June 23, July 7, July 28, August 4
Check-in 8:30 am – 9:30 am (Parent/Guardian must be present)
Races start at 9:45 am

WHY: To educate children to the sport of running and promote a healthy lifestyle

FREE In its continued efforts to support youth running in the Lehigh Valley, the LVRR is proud to sponsor every child for this event

REGISTER ONLINE AT lvrr.org/races/kids-series

Presenting sponsor



Additional sponsors

Lehigh Valley Road Runners, Emmaus Run Inn, Runners World Half & Festival, Wesley Works, Pennsylvania Children's Health Insurance Program, Dun-Rite Electrical Services, Smart Spot, Lehigh Valley Find and Go Seek, Wildlands Conservancy, Aardvark Sports Shop, FreySmiles, City of Allentown Paramedics, Wackadoodle and Munchkin the Clowns

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Child's Last Name	First Name		
Address			
City	State	Zip	
DOB (mm/dd/yy)	Gender	Phone	

Email (required so that you can receive important race information and updates)

Parents/Guardians are you able to volunteer? **Yes** **No**

T-Shirt size: Please circle one **YS** **YM** **YL** **AS** **AM** **AL**

By my signature below, I assert I have read the waiver on the reverse side and agree to its terms and conditions

Parent/Guardian Signature

Date

Mail To: Lehigh Valley Road Runners, Kids Running Series, PO Box 592, Allentown, PA 18105

2018 LVRR Kids Series

Event is held rain or shine.

COURSES: All races are on cinder paths or grass beginning and ending near the LVRR clubhouse.

T-shirts are guaranteed to all that complete 4 of the 6 events.
Ribbons are awarded to each finisher at all events.

AMENITIES: Overall series awards for 11-12 and 13-14 age groups. First, second and third place awards for boys and girls based on finishes 4 of the 6 events. Scoring is cross country format.
Water and snacks provided after each event ONLY to race participants.

HIGHLIGHTS: T-shirt design and slogan contest: winners have their design printed on front, slogan on back of series t-shirts.
Winners also receive a sweatshirt with design/slogan with their name included.
Deadline for entries is June 23rd, winners announced July 7th

REGISTER: ONLINE registration highly encouraged to allow for expedited check-in.
May also bring this form to event OR mail this completed entry form to:
Lehigh Valley Road Runners, Kids Running Series, PO Box 592, Allentown, PA 18105

CHECK-IN: Check-in and race day registration takes place behind the LVRR clubhouse from 8:30 – 9:30 am
Check-in will be by age group, child's age as of May 26, 2018

- One parent per child may run with the 3-4 year olds

By completing this registration form, you register for the entire series even if you can't make all 6 events.

CONTACT: Loretta Dodson 610-395-2438 OR youthruns@lvrr.org

GPS: 1600 Park Drive, Allentown PA 18103

DIRECTIONS: **From Rt. 22 (East or West):** (2.8 Miles to Parkway) Exit South on 15th St Toward Allentown, Pass YMCA on left, cross over bridge, go thru next stop light. Just over the hill (there will be a 5-way intersection) make a 90 degree right turn into the parkway and follow signs in the park.

From Rt. 78 (East or West): (1.5 Miles to Parkway) Exit and go north on Lehigh St toward Allentown for one mile then turn left onto Jefferson /15th St at Traffic Light at Parkway Shopping Center. Go 1/4 mile and (at 5-way intersection) turn 90 degree left into Parkway and follow signs in the park.

PARKING: Please park on the grass hill before the parks maintenance barns.

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YOUTH RUN PROGRAM WAIVER

The undersigned is the parent or legal guardian of the minor whose name appears on the front of this form. I understand that running is a potentially hazardous activity. I understand that the minor should not enter and run unless medically able and properly trained. I agree to abide by any decision of a race official relative to the minor's ability to safely complete the run. On behalf of the minor for whose benefit I am executing in this waiver, I assume all risks associated with running this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road or track, all risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules.

Having read this waiver and knowing these facts in consideration of your accepting my entry, I, for myself, the minor, and anyone entitled to act on my behalf, or on the minor's behalf, waive and release the Lehigh Valley Road Runners Club, its officers and agents, the City of Allentown, its officers, directors, agents, and employees, all sponsors, representatives and successors including the Road Runners Club of America, its officers, directors, agents, and employees from all claims or liabilities of any kind arising out of the minor's participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named.

I further authorize and empower the event director to consent to and authorize any medical care or treatment for the minor which may appear reasonably necessary as a result of emergency, accident, or illness of the minor whether occurring before, during, or after the event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this for any legitimate. I fully understand the Race Director has the right to alter the course and / or alter the race distance, change the start time, or cancel the race due to public safety issues. I also understand there will be no refunds if the event is cancelled due to public safety issues.

****PARENT OR GUARDIAN MUST BE PRESENT TO SUPERVISE YOUR CHILDREN****