



# Lehigh Valley Road Runner Membership Form

Mail form and payment to:  
Lehigh Valley Road Runners, PO Box 592, Allentown, PA 18105-8692  
Direct all inquiries to membership@lvrr.org

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ GENDER M F

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ GENDER M F

CHILD 1 \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ CHILD 2 \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

CHILD 3 \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ CHILD 4 \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP CODE \_\_\_\_\_

EMAIL \_\_\_\_\_ PRIMARY PHONE \_\_\_\_\_

Please circle:      New Member      Renewing Membership

Dues are prorated per quarter for NEW MEMBERS. If joining in the last quarter of a year you are paying for that quarter and the entire next year. RENEWALS are \$20 (individual) or \$25 (family) and are due in December for the upcoming calendar year.

INDIVIDUAL		FAMILY	
JAN 1 - MARCH 31	\$20	JAN 1 - MARCH 31	\$25
APRIL 1 - JUNE 30	\$15	APRIL 1 - JUNE 30	\$20
JULY 1 - SEPT 30	\$10	JULY 1 - SEPT 30	\$15
OCT 1 - DEC 31	\$25	OCT 1 - DEC 31	\$30

**How do you prefer to be contacted when your membership expires?**      Email      Regular Mail

**All members are asked to volunteer for at least two club activities per year.** Please circle the activities for which you would like to volunteer. You will be contacted in advance of each event.

- |                                        |                                                                  |
|----------------------------------------|------------------------------------------------------------------|
| Superbowl Tailgate Trot 10K (February) | Ice Scraper 5K Series (Sundays, December through March)          |
| Emmaus 4 Mile Classic (April)          | Summer 5K Series (1st Wednesday of month, May through September) |
| St. Luke's Half Marathon & 5K (April)  | Kids' Series (Saturdays, May through August)                     |
| St. Luke's Youth Run (April)           | First Strides Fall program                                       |
| South Mountain 10 Miler                |                                                                  |
| First Strides Spring program           |                                                                  |

**CLUB MEMBERSHIP WAIVER:** I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity; knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waiver and release the Road Runners Club of America, The Lehigh Valley Road Runners and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club events even through that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT'S SIGNATURE (if under 18) \_\_\_\_\_ DATE \_\_\_\_\_

**LVRR MEMBERSHIP DUES ARE NON-REFUNDABLE AND MAY NOT BE TRANSFERRED**