

LEHIGH VALLEY ROAD RUNNERS

13th Annual

KIDS 2012 RUNNING SERIES

WHO: Children ages 3 through 14

WHAT:

AGES

DISTANCE

3-4

1/8 Mile

5-6

1/4 Mile

7-8

1/2 Mile

9-10

1 Mile

11-12

1 1/2 Miles

13-14

2 Miles

NO CHARGE FOR
THIS EVENT!

ONLINE
REGISTRATION AT
WWW.RACEIT.COM

[2012 LVRR KIDS
RUNNING SERIES](#)

WHEN: 10:00 AM – (Check-in time 8:45 - 9:30)
May 19, June 9, June 23, July 7, July 21, August 4.

WHERE: Lehigh Valley Road Runners Clubhouse, Little Lehigh Parkway, Allentown, PA.

WHY: Educate kids about the sport of Cross Country and promote a healthy lifestyle.

PARENTS: Please volunteer to help us host a safe event. WE WANT YOU TO VOLUNTEER!
In our continued effort to support youth running in the Lehigh Valley, LVRR (Lehigh Valley Road Runners) members and sponsors are proud to sponsor every child.

****SPONSORS****

*Aardvark Sports Shop * Pennoni * Finish Line * Wesley Works Entertainment Services * Wesley Works Real Estate* LVRR * RRCA * Peek-a-Boo and Wackadoodle the Clowns*
*PhotosbyJOhn.net * Gross McGinley Law Firm * Road ID*

Cut Here

TO AVOID DISAPPOINTMENT. ALL KIDS MUST BE CHECKED IN PRIOR TO 9:30 AM

Cut Here

KIDS RUNNING SERIES 2012 ENTRY FORM

Name _____ Birthdate ____/____/____ Age _____

Address _____ City, State, Zip _____ Sex _____

Phone # _____ Email _____ School _____

Parents/Guardians: Are you able to volunteer? Yes ___ No ___ For Cancellation Notification Sex ___ M ___ F

T-shirt Size: YS _____ YM _____ YL _____ AS _____ AM _____ AL _____

Please Circle Date(s) Entered: May 19 June 9 June 23 July 7 July 21 August 4

Mail to: Lehigh Valley Road Runners, Kids Running Series 2012, PO Box 592, Allentown, PA 18105

I have read the waiver on the reverse side and agree to its terms and conditions.

Parent or Guardian Signature

Date

Parents: Please pre-register your child/children for easy check-in.

**** Parent or guardian MUST remain to supervise children ****

**** Events will be held rain or shine ****

Courses: All races are on cinder bridle paths or grass beginning and ending near the Clubhouse. Courses are accurately measured (subject to weather conditions) and events are timed.

Amenities: Ribbons are awarded to each finisher at the May, June, July and August events. Medals awarded to all participants at the August 6th event. Snacks and drinks provided after each event. Children must participate in 4 of the 6 events to qualify for a T-shirt.

Highlights: **Health & Safety Expo:** On June 9th Health & Safety information will be available to all participants. **T-Shirt design and Slogan contest:** Winners have their design on front, slogan on back printed series T-shirts. Winners also receive a sweatshirt with design and slogan with their name included. Deadline for entries is June 23rd. Winners are announced July 21st. **Shoe Raffles:** sponsored by **Finish Line Running Store:** 2 pair of shoes raffled at each event. **Overall series awards:** For 11-12 and 13-14 age groups. First, second and third places for boys and girls based on finishes in 4 of 6 races. Scoring is cross country format.

How to Register: Complete entry form online or mail to: **(Please pre-register with this application or online for easy check-in)** (online: <https://www.raceit.com/register/?event=9430>)

**Lehigh Valley Road Runners
Kids Running Series 2012
PO Box 592
Allentown, PA 18105**

-OR-

**Bring completed
Entry form on
day of event.**

Check-in: Check-in from 8:45 to 9:30 at LVRR Clubhouse to receive run number. Group warm-up and stretch starts at 9:40 AM. First race starts promptly at 10:00 AM.

Contacts: Loretta Dodson 610-395-2438 MaryAnne McCambridge 610-439-1107

Directions: **From Route 22,** 15th Street Exit South, 2.8 miles, make right on Little Lehigh Parkway, 1 mile to LVRR Clubhouse. Clubhouse is on the left before crossing the pedestrian bridge. Park in lot across from clubhouse.

From Route 78, Lehigh Street Exit towards Allentown. In 1 mile (Parkway Shopping Center on right) turn left at "to 15th Street" sign. You are now on S. Jefferson Street, go ½ mile, make left on Little Lehigh Parkway, 1 mile to LVRR Clubhouse. Clubhouse is on the left before Kline's Bridge.

Park in lot across from clubhouse.

***Do not enter parkway from 24th street. Road is closed at Kline's Bridge.**

KIDS RUNNING PROGRAM WAIVER

The undersigned is the parent or legal guardian of the minor age 3 to 14 whose name appears on the entry form. I know that running is potentially hazardous activity. I know that the minor should not enter and run unless medically able and properly trained. I agree to abide by any decision of a race official relative to the minor's ability to safely complete the run. On behalf of the minor for whose benefit I am executing this waiver, I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road or track, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself, the minor and anyone entitled to act on my behalf, or on the minor's behalf, waive and release the Lehigh Valley Road Runners Club, and its officers and agents, the City of Allentown, all sponsors, their representatives and successors including the Road Runners Club of America, its officers, directors, agents and employees from all claims or liabilities of any kind arising out of the minor's participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I further authorize and empower the event director to consent to and authorize any medical care or treatment for the minor which may appear reasonably necessary as a result of emergency, accident or illness of the minor whether occurring before, during or after the event. I also grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this for any legitimate purpose.

**** Parent or guardian MUST stay to supervise children ****